

SABIN FAMILY NEWSLETTER

March 18, 2024

www.sabin.cps.edu



IMPORTANT UPCOMING DATES

- March 18th - IAR testing week for grades 6
- March 19th - Sabin Concurso de ortografia (Spanish Spelling Bee)
- March 19th - Sabin's Nutrition Family Cooking Night, 4:30pm-6:00pm
- March 22nd - End of Quarter 3 Report Card Grades
- April 1st - No classes for students; School Improvement Day
- April 2nd - Students resume classes
- April 2nd - IAR testing week for grades 7-8
- April 5th - Middle School Dance in the gym, 4:30pm - 6:30pm
- April 10th - Report Card Pick Up (No classes for students)

A WORD FROM SABIN ADMINISTRATION

Dear Sabin Families,

As we near Spring Break, we want to thank you for your partnership in ensuring strong attendance these last four days of school. Your support has been key to creating a positive learning community and successful school year so far!

We're excited to announce the first annual Sabin Block Party on May 18th from noon to 4 PM, featuring live music, games, food, local politicians and community organizations will be present, and more. We need your help with planning; contact Mebaker2@cps.edu if you're able to support.

Also, mark your calendars for Parent Teacher Conferences on April 10th from 12-6 PM. More info will be provided soon.

Thank you for your support. We look forward to a successful last week before break and wish you all a safe and rejuvenating Spring Break!

In community,

Mr. Baker

Principal

Ms. Roldan

Ast. Principal

SPIRIT WEEK

March 18-22

Monday - show sabin school Spirit

Tuesday - twins day

Wednesday - dress as your future profession

Thursday - PJs Day

Friday - represent your favorite college

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SAVE THE DATE!

We have a date for our first annual Sabin Block Party: **Saturday May 18th 12-4pm**

We will have food, music, performances, bounce houses, game and more!

If you are interested in joining the planning committee, please reach out to Sarah Mertz, smertz1@cps.edu



WHAT'S COOKING IN PRE-K

Thanks to a \$5,000 grant, Pre-k has been able to offer exciting new classes and programming for Pre-K families. Last month we had family yoga. Now students and their parents have been enjoying "Nutritious Cooking" class. Some of the recipes include: yogurt parfaits, veggie burgers and fried rice. This week our young chefs will graduate with a cooking certificate and their own cookbook!

SABIN HAWKS SPORTS UPDATES



Congrats to our 5th/6th grade Girl's Basketball team, who took home the championship for the first time in over 20+ years of our school's history! Girls 7th/8th grade Basketball won the 2nd place trophy for their conference! Boys basketball had impressive seasons! Sabin scholars are winners in and out of the classroom!

#StudentAthletes #TheBestAreWithCPS
#SabinHawksOnTheRise #SabinHawksRock
#DualLanguage #VivaSabin

SPANISH SPELLING BEE

TUESDAY, MARCH 19TH
2:45 PM



SABIN'S COUNSELING CORNER

SOCIAL-EMOTIONAL LEARNING NEWSLETTER:



A note from the counselor:

You may have heard the saying, "Before you criticize or judge someone, walk a mile in their shoes." This quote is all about empathy. Empathy is the ability to be aware of the feelings of others and imagine what it might be like to be in their position (or in their shoes).

Empathy is a key ingredient in positive friendships and relationships. It reduces conflict and misunderstandings and leads to helping behavior, kindness, and even greater success in life in general.

And like any skill, empathy can be taught and developed in children. Read more about empathy below!



Ms. Avery

Checking in:

**Write or draw -
What is bringing you joy today?**



Strategies for Teaching Empathy:

MODEL EMPATHY. REMEMBER TO MODEL EMPATHY EVEN WHEN YOU'RE UPSET WITH OR GIVING CONSEQUENCES TO YOUR CHILD. THIS REINFORCES THE IDEA THAT EMPATHY CAN BE USED EVEN WHEN YOU'RE FEELING DISAPPOINTED, HURT, OR ANGRY.

DISCUSS EMOTIONS. TALK OPENLY ABOUT EMOTIONS RATHER THAN DISMISSING OR BURYING THEM.

HELP OUT AT HOME, IN THE COMMUNITY, OR GLOBALLY. HELPING OTHERS DEVELOP KINDNESS AND CARING. IT CAN ALSO GIVE CHILDREN THE OPPORTUNITY TO INTERACT WITH PEOPLE OF DIVERSE BACKGROUNDS, AGES, AND CIRCUMSTANCES, MAKING IT EASIER TO SHOW EMPATHY FOR ALL PEOPLE.

PRAISE EMPATHETIC BEHAVIOR. WHEN YOUR CHILD SHOWS EMPATHY FOR OTHERS, PRAISE THE BEHAVIOR.

Stay in touch:

Please allow for 24 hours for a response.



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